

THE FARMACY IS A COLLABORATIVE COMMUNITY PROGRAM MADE POSSIBLE THROUGH LOCAL AND STATEWIDE PARTNERSHIPS, VOLUNTEERS, COLLABORATIONS AND GRANT FUNDING. IF YOU WOULD LIKE TO MAKE A DONATION TO SUPPORT THE FARMACY PROGRAM, PLEASE CONTACT ACORN (802) 382-0401 OR [INFO@ACORNV.T.ORG](mailto:INFO@ACORNV.T.ORG)

THE  
**University of Vermont**  
HEALTH NETWORK

**Porter Medical Center**



MIDDLEBURY  
NATURAL  
FOODS  
CO-OP

## FARM PARTNERS:



**Firefly  
FIELDS**

## TESTIMONIALS FROM 2019 FARMACY

"IT'S EASIER TO PREPARE FRESH MEALS NOW."

"I LOST A LITTLE WEIGHT, MADE A POINT TO EAT FRESHER, AND HAD MORE ENERGY."

"MY FAMILY BENEFITED BY BEING ABLE TO GET FRESH FRUITS AND VEGGIES WITHOUT GOING BROKE."



THE MISSION OF THE ADDISON COUNTY RELOCALIZATION NETWORK (ACORN) IS TO PROMOTE THE GROWTH AND HEALTH OF LOCAL FOOD AND AGRICULTURE IN VERMONT'S CHAMPLAIN VALLEY. EATING FARM FRESH FOODS INCREASES PERSONAL HEALTH AND ADDS TO THE WELL BEING OF THE COMMUNITY.

[www.acornvt.org/farmacy](http://www.acornvt.org/farmacy)



**FARMACY**  
BECAUSE FOOD IS MEDICINE.

## ADDISON COUNTY FARMACY PROGRAM

**Farmacy Members are referred by their provider to receive food from local farms for 12 weeks through the summer with recipes, samples and nutrition education at pick-up.**



# How can I participate?

- Fill out the Farmacy Registration Form given to you by your health care provider.
- Once you are signed up, the Farmacy Coordinator will contact you and answer any questions you may have.
- From July-September pick up your food Thursdays 4:00 -5:30PM from the pickup location .
- Complete exit surveys and tell us about your experience participating in the Farmacy Program.

## Questions?

Contact  
Lindsey Berk,  
Farmacy Coordinator  
802-382-0401  
lindsey@acornvt.org

# Become a Farmacy Member

The Farmacy provides a weekly share of fresh food for 12 weeks from July - September for families and individuals whose health can benefit from eating more fresh fruits and vegetables. Along with the food, you will get tips to utilize your weekly produce, recipes, food samples and more.

Are you living with a chronic health issue?

Would you like to learn more about how to cook with fresh fruits and vegetables?

Would you like to improve your health by eating more fresh fruits and vegetables but find them difficult to work into your budget?

